

# Goal Writing Using Developmentally Appropriate Practice



## Cognitive

critical thinking  
reasoning  
working memory  
imagination  
problem solving  
processing

content knowledge  
comprehension  
research and inquiry skills

## Physical

fine motor  
gross motor  
hand eye coordination  
balance

stress management  
agility  
healthy growth

## Goals

self esteem  
sharing  
collaboration  
persistence  
resilience  
impulse control

interpersonal relationships  
negotiation  
conflict resolution  
understanding and responding  
to emotions

## Social & Emotional

multilingual  
communication  
vocabulary  
verbal language  
written language

## Language